

# RACE THROUGH HISTORY

## EXPERIENCE THE THRILL OF THE CHASE



# THE CHASE

25TH SEPTEMBER 2010

[www.thechaserace.co.uk](http://www.thechaserace.co.uk)

Loch Lomond & Trossachs National Park

## THE WEE CHASE INFORMATION

Congratulations on signing up for THE CHASE!! Please take a moment to read this in detail as it contains some important information to ensure you have a safe and enjoyable day.

THE CHASE is a brand new event inspired by Sir Walter Scott's mighty poem The Lady of the Lake.

Organised by Pennine Events on behalf of Loch Lomond & The Trossachs National Park and the Forestry Commission Scotland,

THE CHASE is the finale event of ScottsLand, a programme of events taking place throughout The Trossachs from June to September 2010 which celebrates the 200th anniversary of the publication of the poem.

This e-pack includes:

1. Information to all participants for on the day of the event
2. Bike Hire Form
3. Any other supporting information

You will get your event numbers at registration on the day.



**sundayherald**

**EventScotland**

## OVERVIEW

The event start is located at McLaren Leisure Centre, Mollands Road, Callander, FK17 8JP

OFF ROAD DUATHLON	start time 1pm
THE "WEE" CHASE	start time 2pm
THE FINAL CHALLENGE	when you finish
THE MEDIEVAL GATHERING	from 4pm until 9pm

## REGISTRATION

The registration marquee is open from 11am. It is located at the start area at McLaren Leisure Centre where you will collect your event number. The information desk at registration, directional signage and stewards will help direct you. Please also listen out for any special instructions given over the public address system.

**Evening Kit** - Get into the spirit of the event and bring your own medieval costume! Remember there will be prizes available for the best dressed!

Visit [www.partydelights.co.uk/fancy\\_dress/medieval-fancy-dress](http://www.partydelights.co.uk/fancy_dress/medieval-fancy-dress) for further ideas.

## FACILITIES & REFRESHMENTS

Toilets and refreshments will be available and located at the McLaren Leisure Centre, Callander.

Lockers (£1 per locker) and showers are available at McLaren Leisure Centre, Callander.

## LAST MINUTE ENTRIES

Entries will be accepted on the day if the event hasn't reached full capacity. Please check on the website [www.thechaserace.com/](http://www.thechaserace.com/) or call 01877 437998 or email [alison@pennineevents.co.uk](mailto:alison@pennineevents.co.uk) for further details.

## CAR PARKING

There are a number of pay and display car parks in Callander which are a 5 minute walk away including Meadows Car Park or Station Road Car Park run by Stirling Council ( £2.70 per day).

There are no parking facilities at the start/finish area. **Please see map for details.**

## MEDICAL CONDITIONS & COVER

The event will be covered en route by the Lomond and Killin Mountain Rescue Services and Glentress Medical Services. They will be positioned at the start/finish area of McLaren Leisure Centre and Loch Katrine and on the route. If you suffer from any medical conditions such as asthma, diabetes, epilepsy or any other conditions that the paramedics would need to be aware of in the event of an emergency, please write them clearly on the back of your event number.

## ESSENTIALS

You **MUST WEAR** your event number on the front of your shirt. This is requested for safety reasons. Make sure you take a minute to complete the emergency details on the reverse of your number.

## BIKE HIRE

Why not hire a bike from **Wheels**, Callanders local and Scotland's finest cycle hire centre? **Wheels** provide a wide selection of bikes suitable for all ages. Participate in the event with the knowledge your bike is in perfect condition. Bike Hire is £25 for the day including a helmet. To apply for the bike hire, please fill in the form enclosed in the pack.

## PREPARATION - YOUR BODY, BIKE & FEET

The challenge will be more enjoyable if you prepare your body, bike and mind. A few conditioning rides in the weeks before can make all the difference. To ensure you make the most of your day make sure you have the correct kit, taking into account the possibility of adverse weather.

## THE 'WEE' CHASE KIT

We recommend you have:

- Mountain bike (available to hire on request - walking the route is optional)
- Helmet (essential if using a bike & available to hire on request)
- Map & Compass
- Watch
- Sports kit
- Outdoor shoes / trainers
- First aid kit
- Puncture repair kit
- Food & Drink
- Period Costume / Fancy Dress / Clan Tartan (optional)



## WHAT WILL HAPPEN ON THE DAY

**THE CHASE** consists of two events - **THE WEE CHASE** for all ages, and the **Off-Road Duathlon**, for adults only. The main difference between the two events is the distance covered. Both events will start and finish in Callander at the Leisure Centre.

**WEE CHASE** participants will gather in the holding area in the school play ground at 1:45pm ready to go. There will be a final briefing and then you will be escorted along Invertrossachs Road towards Loch Venachar to the formal start line at East Lodge. As this road will be open to other vehicles it is important that you stay behind the lead vehicle until the official starting point. The formal start line for the treasure hunt is by East Lodge at the entrance to the forest. The hunting horn will blast and the race begins...on foot! For those of you cycling part of the route, you will leave your bikes here in racks at the East Lodge car-park, collect a Treasure Hunt map and set off to find the 'trinket's. The location of these will be shown on this map. They are all located on or very close to the forest tracks and paths and so not require any great navigational skill or experience. At each checkpoint you will find either a piece of information to record or an item to collect. You will need to collect all to be able to complete the final question. To visit all the checkpoints will take in an approximately 2mile walk. It is not timed. The final checkpoint is by the East Lodge car-park and from here you will walk or get back on your bike and follow the signed cycle route back.

IF YOU NEED ANY ASSISTANCE DURING THE DAY OF THE EVENT PLEASE CONTACT EVENT CONTROL TELEPHONE ON 07904 9805077

## THE GATHERING - AFTER PARTY

Mediaeval entertainment will greet you on your return together with deliciously prepared homemade food which will served from 4pm. Entertainment will include archery, stilt walking jesters, minstrels, a battle re-enactment and a jester & fire juggling show. Live music will follow a prize giving presentation from 7.15pm. Participants will be issued with a food voucher. This will consist of a Hog Roast and homemade meat & vegetarian burgers with all the trimmings.

## SUMMARY TIMINGS & SCHEDULE OF DAY

- 11:00 - Registration opens
- 12:45 - Adult Chase to move from McLaren Leisure Centre to Holding Area
- 13:00 - Adult Chase start of neutralized section
- 13:15 - Adult Chase send-off from East Lodge
- 13:45 - Wee Chase to move from McLaren Leisure Centre to Holding Area
- 14:00 - Wee Chase start of neutralized section
- 14:30 (approx) - Wee Chase send-off from Forest East Lodge
- 16:00 - First Chasers expected back at the finish at McLaren Leisure Centre to complete final archery challenge
- Approx 16:00 - start of themed entertainment and serving of food
- 18:00 - last finishers expected at McLaren Leisure Centre to complete final archery challenge
- 18:00 - start of formal evening proceedings with greeting, prize giving and medieval entertainment
- 19:15 - prize giving presentation
- 21:00 - close

## RESULTS & PRIZES

All participants will receive a goodie bag at the finish. There will also be a number of spot prizes given out at random.

## SPECTATORS

For those wishing to follow friends, family or colleagues we recommend you don't follow the route on the roads and paths as these will become congested. Instead we recommend you watch them from McLaren Leisure Centre.

## EVENT PHOTOGRAPHY

During your day a number of event photographers will be trying to capture the perfect image of you. If you would like to see examples from previous events then please visit

[www.pennineevents.co.uk](http://www.pennineevents.co.uk)

## WHY NOT MAKE A WEEKEND OF IT?

We hope you are planning to stay for the weekend and see the beautiful sites and scenery that Callander and Loch Lomond have to offer. For further information on where to stay visit

[www.incallander.co.uk/](http://www.incallander.co.uk/) or [www.visitscotland.com](http://www.visitscotland.com)



## LOCH KATRINE SAIL

Why not take your seat on board the newly reconditioned SS Sir Walter Scott or the Lady of The Lake, take in the stunning views of Loch Katrine, relax, un-wind and enjoy the majestic scenery which inspired Sir Walter Scott to write his famous poem.

Phone 01877 332000 to check sailings timetable or visit <http://www.lochkatrine.com>

To find out more about what to see and do in this stunning part of Scotland, log on to [visitscottishheartlands.com](http://visitscottishheartlands.com)

We look forward to seeing you! Finally, thank you and enjoy THE CHASE!!



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